

NATURAL MEAT MARKET

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| HARRIS RANCH CORNED BEEF BRISKET  2.99 lb. | ALL NATURAL BEEF LONDON BROIL  2.99 lb. |
| GREEN CABBAGE 3.99 lb. | CREAMER POTATOES 1.99 lb. |
| ALL NATURAL BONELESS SKINLESS CHICKEN TENDERS  3.99 lb. family pack | FRESH GOURMET BEEF BURGERS assorted varieties  3.99 lb. |
| ALL NATURAL SUPER LEAN GROUND BEEF  3.99 lb. family pack | ALL NATURAL BONELESS PORK LOIN CHOPS  3.99 lb. |
| FRESH MARINATED CHICKEN SKEWERS  3.99 lb. | FRESH GOURMET BEEF PINWHEELS  4.99 lb. |
| ALL NATURAL PORK BABY BACK RIBS  3.99 lb. | HARRIS RANCH BEEF PATTIES 7.99 1 lb. bag |
| STUFFED BONELESS PORK CHOPS  4.99 lb. | BEEF CUBESTEAK 3.99 lb. |

Fresh Seafood Market

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| KRAB SALAD  2.99 lb. | TILAPIA FILLETS  4.99 lb. | EXTRA LARGE TAIL-ON COOKED SHRIMP  6.99 2 lb. bag |
| CATFISH FILLETS  5.99 lb. | HONEY JALAPENO SHRIMP SKEWERS  2.99 lb. | |

ORGANIC PRODUCE

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| ACORN SQUASH  99¢ | FRESH REVIER CHARD red green or yellow  2.99 lb. | CRISP CELERY  99¢ | BUSSET BAKING POTATOES 4 lb. bag  2.95 | FRESH BUNCHED BROCCOLI  99¢ |
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BEER & WINE SAVINGS BUY SIX BOTTLES OF WINE AND SAVE 10%

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| Gato Negro select varieties  2.99 12 oz. | Redwood Creek select varieties  2.10 12 oz. | Frey select varieties  6.99 12 oz. | Firestone select varieties  7.99 12 oz. |
| ResQ Water sport or pineapple 2.95 12 oz. | Smithwick's best in class 7.99 12 oz. | Widmer best select varieties 6.99 12 oz. | Humboldt best in class 7.99 12 oz. |
| New Belgium best select varieties 12.99 12 oz. | | | |

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| Featured Event Health Fair Saturday, March 20th, 11am-2pm Spring into great health. Our Healthy Living vendors will have samples of great products. Enter for a chance to win fabulous prizes and enjoy the richness of spring in our Natural Living Department. TEMPE LOCATION ONLY | Featured Event 3 Day Plant Sale March 12th-14th, ALL DAY! Looking for a great gift idea or some colorful foliage to beautify your home? Stop on by! 1ST AVE. LOCATION ONLY | Featured Event Backyard BBQ Saturday, March 13th, 11am-2pm Taste our delicious "Grab & Go" ribs! BROADWAY LOCATION ONLY | Featured Event St. Patrick's Day Sampling Saturday, March 13th, 11am-2pm Celebrate with us and St. Patrick's Day Sampling. Stay in on an exciting time. A day to begin transforming your life's dreams into summer's magic! - Abigail Cole TEMPE, BELL RD. & SCOTTSDALE LOCATIONS ONLY |
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SCOTTSDALE 4401 N. MILLER 1786 S. SCOTTSDALE
 TEMPE 4401 N. MILLER 1786 S. SCOTTSDALE
 NORTH PHOENIX 7401 N. 191ST AVE. 10000 N. GILBERT
 TUCSON 4322 N. 191ST AVE. 10000 N. GILBERT
 TUCSON 4322 N. 191ST AVE. 10000 N. GILBERT
 TUCSON 4322 N. 191ST AVE. 10000 N. GILBERT
 MARIANA 3000 N. GILBERT 10000 N. GILBERT



SUNFLOWER FARMERS MARKET

SERIOUS FOOD... SILLY PRICES®

ORGANIC GREEN OR RED LEAF LETTUCE

77¢
ea.

Nutritious Deals
for Healthy Meals

March is NATIONAL NUTRITION MONTH

FRESH RED RIPE

STRAWBERRIES

2 for 3
1 lb. pkg.

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| FRESH FIBRIL SOUQUETS 2.10 | BUNCHED BROCCOLI 88¢ | SUPER CHERRY TOMATOES 2.4 20 oz. | ROMANE OR ICEBERG LETTUCE 88¢ |
| RUSSET BAKING OR PREMIUM 'A' RED POTATOES 2.1 | BLACKBERRIES AND BLUEBERRIES 2.1 | DESSERT CUPS 2.3 | COOL SUPER SELECT CUCUMBERS 2.1 |
| WASHINGTON PREMIUM BRAEBURN OR FUJI APPLES 99¢ | 2 for 5 | ANJOU OR BOSCH PEARS 99¢ | |

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| ORGANIC HASS AVOCADOS 99¢ | ORGANIC OR CONVENTIONAL HOTHOUSE TOMATOES 1.88 | ORGANIC JEWEL OR GARNET YAMS 99¢ |
| ALACER EMERGEN-C 30-36 ct. select varieties 7.99 | SUNFLOWER FARMERS MARKET GRANOLA 7 grain, raisin or almond 1.99 | BLUE DIAMOND ALMOND BREEZE 32 oz. select varieties 2.99 |

BUY ONE FREE GET ONE

Roast Sale!

- BEEF TOP ROUND ROAST
- BONELESS PORK LOIN ROAST
- BEEF RUMP ROAST
- BEEF SIRLOIN TIP ROAST
- BEEF CROSS RIB ROAST

DAIRY & FROZEN

MOO-RE SAVINGS WITH SILLY PRICES

SEVEN'S SIDE DISHES

select varieties

2.49
14 oz.

1.99
16-18 oz.

HIGH COUNTRY ORGANIC KOMBUCHA TEA

select varieties

1.99
16 oz.

DIEN'S KITCHEN ORGANIC BURRITOS

select varieties

2.3
6 oz.

TEOPICAYA JUICES

select varieties

2.99
54 oz.

ALL NATURAL SOUP

select varieties

2.49
16 oz.

CREAM CHEESE & SOUR CREAM

select varieties

1.99
8-12 oz.

SPECIALTY CHEESE FROM AROUND THE WORLD

SUNFLOWER FARMERS MARKET WHITE OR YELLOW MILD CHEDDAR CHEESE

2.99
16 oz.

GROCERY SAVINGS

WE'RE BAGGIN' UP THE SAVINGS

LARABAR NUTRITION BARS

select varieties

10.10
1.67 x 8 oz.

TRON Iced Tea

select varieties

99¢
16 oz.

WESTERN VEGETABLE BEANS

select varieties

4.5
15 oz.

NEWMAN'S OWN ORGANICS ORGANIC FIG NEWMAN'S

select varieties

2.99
12 oz.

OLD VENESSE IRISH STYLE OATMEAL

select varieties

1.99
14.5 oz.

ANNIE'S NATURALS ORGANIC SALAD DRESSING

select varieties

2.49
8 oz.

NATURAL SEA YELLOWFIN TUNA

regular or no salt

4.5
6 oz.

LUNDBERG RISOTTO

select varieties

4.5
5.5-5.9 oz.

BULK SAVINGS

BUYING IN BULK MAKES "CENTS"

WHOLE ROASTED CASHEWS

4.99
lb.

BROWN BASMATI RICE

99¢
lb.

RAW CHOCOLATE COVERED ALMONDS

4.99
lb.

SWEETENED MANGO SLICES

2.99
lb.

RAW BRAZIL NUTS

3.99
lb.

HOLLYWOOD TRAIL MIX

2.99
lb.

GREEN LENTILS

1.49
lb.

WHOLE WHEAT FLOUR

69¢
5 lb.

smart weight smart tags program

To start the new year, we wanted to create a way for you and your family to choose healthier options. Our all new Smart Tags Program was designed by a registered dietitian with a focus on making shopping for healthy foods simple. We guarantee there is no manufacturer influence, just the facts.

smart celiac smart heart smart carb
GLUTEN FREE FAT SODIUM SUGAR FIBER

Smallest Winner Weight Loss Challenge At Home Program

You can be a Smallest Winner too! Join in our nationwide effort to help our shoppers lose weight. We made it easy for you to follow along at home with our brochures. Each piece offers helpful tools like calorie equations, exercise tips, nutrition information and more! You can do it and we are here to help. Pick up the information in the store and get started. Good luck!

There's no excuse not to reconnect to the healthier, smaller YOU!

www.SFMarkets.com

BAKERY SPECIALS

BAKED TO PERFECTION!

SUNFLOWER FARMERS MARKET RYE OR MARBLE BREAD

1.99
16 oz.

SUNFLOWER FARMERS MARKET IRISH SODA BREAD

2.49
16 oz.

SUNFLOWER FARMERS MARKET SPROUTED WHEAT BAGELS

2.5
4 ct.

SUNFLOWER FARMERS MARKET HAND DECORATED SHAMROCK COOKIES

1.59
2.75 ct.

SUNFLOWER FARMERS MARKET CREME DE MENTHE FUDGE BROWNIES

3.99
16 oz.

SUNFLOWER FARMERS MARKET ST. PATRICK'S DAY CUPCAKES

2.99
4 ct.

DELI A GO-GO

EVERY SLICE IS NICE!

SUNFLOWER FARMERS MARKET PESTO CHICKEN OR PESTO PASTA SALAD

3.99
12 oz.

SUNFLOWER FARMERS MARKET FIRE ROASTED SALSAS

2.49
12 oz.

SUNFLOWER FARMERS MARKET CHICKEN POT PIE

2.5
12 oz.

CEBARI'S HUMMUS

2.99
8 oz.

SUNFLOWER FARMERS MARKET BBQ PORK RIBS

4.99
1/2 rack

SUNFLOWER FARMERS MARKET DESSERT PUDDINGS

2.49
12 oz.

BOAR'S HEAD

BLACK FOREST HAM

7.99
10 lb.

CAJUN TURKEY BREAST

7.99
10 lb.

PASTRAMI ROUND CAP-OFF

8.99
10 lb.

PASTRAMI ROUND

8.99
10 lb.

BABy SWISS CHEESE

7.99
10 lb.

MUENSTER CHEESE

4.99
10 lb.

NATURAL LIVING

SERIOUS SUPPLEMENTS... SILLY PRICES

ENZYMATIC THERAPY ENTIRE LINE

25% OFF

NATURAL BALANCE FAST FOOD ENZYMES

20% OFF

BYLAND'S CALMS CALMS FORTE & FORTE SLEEP

25% OFF

COUNTRY LIFE RESVERATROL PLUS ANTIOXIDANTS

25% OFF

RINSE MY FACE LIQUID SOAP, BAR SOAP & SHOWER GELS

20% OFF

NEW CHAPTER BONE STRENGTH TAKE CARE

25% OFF

NORDIC NATURALS ENTIRE LINE EFA'S

15% OFF

RENEW LIFE DIGEST MORE, DIGEST ULTRA

20% OFF

GREEN FOODS MAGMA PLUS, MAGMA PLUS USA

20% OFF

TEA TREE THERAPY ENTIRE LINE

25% OFF