



ALL NATURAL BEEF ROUND UP!

ALL NATURAL EXTRA LEAN GROUND BEEF 2.99 lb. family pack	ALL NATURAL BEEF SIRLOIN TIP ROAST 3.99 lb.	ALL NATURAL BEEF LONDON BROIL 3.99 lb.
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ALL NATURAL NEW YORK STYLE SIRLOIN STEAK 5.99 lb.	ALL NATURAL BEEF RIBEYE STEAK 6.99 lb.	ALL NATURAL BONELESS CHUCK ROAST 3.99 lb.	ALL NATURAL BONELESS NEW YORK STEAK 6.99 lb.
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ALL NATURAL SUPER LEAN GROUND BEEF 3.99 lb. family pack	ALL NATURAL TOP SIRLOIN STEAK 4.99 lb.	ALL NATURAL BONELESS RIBEYE STEAK 8.99 lb.
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FRESH BEEF MEATBALLS 3.99 lb.	FRESH POLLO ASADO 2.99 lb.	ALL NATURAL BONELESS SKINLESS CHICKEN THIGHS 2.49 lb. family pack
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Centen Seafood Favorites

STUFFED CLAMS 99¢ lb.	ALASKAN COD FILLETS 6.99 lb.	AHI TUNA FILLETS 8.99 lb.
MITATION KRAB MEAT 1.99 lb.	TERNAKI SALMON BURGERS 6.99 lb.	JUMBO KING CRAB LEGS 12.99 lb.

ORGANIC PRODUCE

RED OR GREEN ONIONS 2.4 10 lb. bag	FRESH GREEN CABBAGE 77¢ lb.	BABY PEELED CARROTS 2.3 1 lb. bag	SHREDDED ANCHO OR BOSCH PEARS 1.77 lb.	CELERY OR ROMAINE HEARTS 2.4 1 lb.
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BEER & WINE SAVINGS

Liberty Creek 2.10 12 oz. 6 pack	CK Mondavi 2.10 12 oz. 6 pack	Bogle Vineyards 8.99 12 oz. 6 pack
Full Sail 5.99 12 oz. 6 pack	Kona & Redhook 6.99 12 oz. 6 pack	Widmer 5.99 12 oz. 6 pack

DOUBLE AD WEDNESDAYS

EVERY WEDNESDAY OUR WEEKLY SALE FILERS OVERLAP!
 (This means there will be double savings on items that feature both weekly specials.)

NEW PLAN FOR SAVINGS
 www.sfmart.com

Featured Event: Game Day Sampling

Saturday, March 6th, 11am-2pm

Have a ball this season with our game-time favorites. Sample simple appetizers that will make your team do a triple!

ALL VEGAS LOCATIONS

Featured Event: Organic Recipe Contest

This is your chance to win a Sunflower Farmers Market Shopping Spree! Log on to www.sfmart.com and see if your original organic recipe wins the big prize!

ALL VEGAS LOCATIONS

RAINBOW & FLAMINGO
 4020 S. RAINBOW BLVD.
 OPEN DAILY 7:00AM - 10:00PM
 PHONE: 702.875.4088

TROPICANA & PECOS
 2368 E. TROPICANA AVE.
 OPEN DAILY 7:00AM - 10:00PM
 PHONE: 702.777.8658

Sign up on-line to receive our weekly sale flyer. Visit us at WWW.SFMARKETS.COM

WE ACCEPT FOOD STAMPS

AD EFFECTIVE WED. 3/1/10 THRU WED. 3/10/10

1ST OF THE SEASON **CHAMPAGNE MANGOS** **2\$1** for

SUNFLOWER FARMERS MARKET
 SERIOUS FOOD... SILLY PRICES®

Nutritious Deals for Healthy Meals

March is **NATIONAL NUTRITION MONTH**

RICH & CREAMY

HASS AVOCADOS

3\$1 for

FRESH CRISP RED OR GREEN LEAF LETTUCE

88¢

CLUSTER TOMATOES

1.47

LARGE FANCY NAVEL ORANGES & TANGY MINNEOLA TANGELOS

88¢

TEXAS RIO RED GRAPEFRUIT & ZESTY LEMONS

3\$1

MIX & MATCH

IDAHO RUSSET POTATOES, BABY PEELED CARROTS, SEEDLESS MINI CUCUMBERS, YELLOW ONIONS, ROMAINE HEARTS, CARROTS, LARGE ARTICHOKE & SUPER CHERRY TOMATOES

2\$4

SALAD FAVORITES GREEN ONIONS, RADISHES, CILANTRO, PARSLEY & CARROTS

2\$1

FRESH EXPRESS SALAD BLENDS

5-12 oz. select varieties

2\$5

FRESH & DELICIOUS MARADOL PAPAYA OR JICAMA

99¢

FRESH STRAWBERRIES

2.99

TROPICAL PINEAPPLES

2.4

FANCY BARTLETT OR COMICE PEARS

1.49

ANY'S ENCHILADAS, TAMALES & ENCHILADA & TAMALES MEALS

2.99

SMOOTHIE JUICES

1.75 lb. select varieties

2\$5

SUNFLOWER BOUQUETS

3.99

NORTH ARISE LIVING BASIL PLANT

2.99

ANY'S ENCHILADAS, TAMALES & ENCHILADA & TAMALES MEALS

2.99

ALL NATURAL NEW YORK STEAK

JUMBO E-Z PEEL RAW SHRIMP

SURF & TURF

YOUR CHOICE 4.97 lb.

DAIRY & FROZEN

MOO-RE SAVINGS WITH SILLY PRICES

AMY'S ENCHILADAS, TAMALES & ENCHILADA & TAMALES MEALS

select varieties
2.99
9-10 oz.

SMOOTH JUICES

select varieties
2.50 for
1.75 lb.

SERIES' ENTREES

select varieties
2.99
11 oz.

ORGANIC VALLEY ORGANIC HALF & HALF

select varieties
2.99
23 oz.

FRESH MEADOW NATURAL ENTREES

select varieties
3.49
12 oz.

BROWN'S ALL NATURAL YOGURT

flavored, natural & active milk
69¢
6 oz.

SPECIALTY CHEESE FROM AROUND THE WORLD

SUNFLOWER FARMERS MARKET HOT PEPPER JACK CHEESE

2.99

SUNFLOWER FARMERS MARKET BLUE MARBLE JACK CHEESE

4.99

CHEESE OF THE MONTH! IRISH RIVER CHEDDAR CHEESE

6.49

MOZZARELLA TRINI'S FRESH MOZZARELLA CUPS

3.99

SUNFLOWER FARMERS MARKET ROTISSERIE CHICKEN

4.99

DELI SLICED JENNIE-O TURKEY BREAST

5.99

GROCERY SAVINGS

WE'RE BAGGIN' UP THE SAVINGS

ANNIE'S HOME GROWN ORGANIC MACARONI & CHEESE

select varieties
1.49
6 oz.

CLIF & MOJO BARS

select varieties
89¢
1.85-2.4 oz.

NATURE'S PATH ORGANIC OPTIMUM CEREAL

select varieties
2.99
11-14 oz.

MUIR GLEN VEGETABLE SOUP

select varieties
1.79
14.4-14.9 oz.

BACK TO NATURE COOKIES

select varieties
2.49
8-12 oz.

MUIR GLEN VEGETABLE SOUP WITH MEAT

2.19
14.4-14.9 oz.

METROMINT FLAVORED MINT WATER

select varieties
99¢
900 ml.

BACK TO NATURE FUDGE MINT STRIPED COOKIES

2.99
8-12 oz.

CRUNCHMASTER MULTI-SEED CRACKERS

select varieties
1.99
4.5 oz.

MIL KRISPERS BAKED RICE KRISPS

1.79
12 oz.

TERRA EXOTIC CHIPS

select varieties
1.99
5 oz.

BULK SAVINGS

BUYING IN BULK MAKES "CENTS"

WHOLE ROASTED ALMONDS

salted or unsalted
4.99
lb.

GOODY GOODY TRAIL MIX

salted or unsalted
2.99
lb.

BANANA CHIPS

EVERYDAY LOW PRICE
1.49
lb.

BLUEBERRY FLAX GRANOLA

2.49
lb.

CHUNKY OR VINNY COVERED RAISINS

2.49
lb.

LENDBERG COUNTRY WILD RICE

1.99
lb.

RAW DELICIOUS MIXED NUTS

5.99
lb.

PINEAPPLE RINGS

1.99
lb.

smart weight smart tags program

To start the new year, we wanted to create a way for you and your family to choose healthier options. Our all new Smart Tags Program was designed by a registered dietician with a focus on making shopping for healthy foods simple. We guarantee there is no manufacturer influence, just the facts.

Look for the colored tags in our stores and get smart in 2010 with Smart Tags!

smart cellac smart heart smart carb
GLUTEN FREE FAT SODIUM SUGAR FIBER

Smallest Winner Weight Loss Challenge At Home Program

You can be a Smallest Winner too! Join in our nationwide effort to help our shoppers lose weight. We made it easy for you to follow along at home with our brochures. Each piece offers helpful tools like calorie equations, exercise tips, nutrition information and more! You can do it and we are here to help. Pick up the information in the store and get started. Good luck!



There's no excuse not to reconnect to the healthier, smaller YOU!

www.SFmarkets.com

BAKERY SPECIALS

BAKED TO PERFECTION!

SUNFLOWER FARMERS MARKET 9 GRAIN BREAD

2.99
16 oz.

SUNFLOWER FARMERS MARKET SIGNATURE FOCACCIA

assorted varieties
2.30

GIVE & GO TWO-BITE CINNAMON ROLLS

2.99
12 oz.

SUNFLOWER FARMERS MARKET WHEAT OR WHITE HOAGIE ROLLS

2.40

SUNFLOWER FARMERS MARKET COOKIES

assorted varieties
2.70

SUNFLOWER FARMERS MARKET ORANGE CRANBERRY LOAF CAKE

whole or sliced
3.99
16 oz.

DELI A GO-GO

EVERY SLICE IS NICE!

SUNFLOWER FARMERS MARKET MACARONI OR POTATO SALAD

select varieties
2.99
lb.

SUNFLOWER FARMERS MARKET DIPS

choose from: spinach, dll, veggie & ranch
3.99
lb.

FIORECCI ITALIAN MEATS

pre-sliced
3.99
4-6 oz. (2PK)

SUNFLOWER FARMERS MARKET BUFFALO CHICKEN WINGS

3.99
lb.

FIORECCI PROSCIUTTO

5.99
4 oz.

SUNFLOWER FARMERS MARKET HUMMUS

assorted flavors
2.99
lb.

BOAR'S HEAD

BLACK FOREST HAM

7.99
lb.

CAJUN TURKEY BREAST

7.99
lb.

PASTRAMI ROUND CAP-OFF

8.99
lb.

PASTRAMI ROUND

8.99
lb.

BABY SWISS CHEESE

7.99
lb.

MUNSTER CHEESE

4.49
lb.

NATURE'S WAY ENTIRE LINE

25% OFF

EAGLE EYE SUNGLASSES
25% OFF

HERBS ETC. ALLERGY RELIEF SYSTEM

25% OFF

HIMALAYA LIVER CARE

25% OFF

SOUND SLEEP

25% OFF

PURE ESSENCE CANDEX & LIVING FLORA

17.99

JARROW ANTHOXIDANT POMEGRANATE JUICE

25% OFF

QUANTUM SUPER LYSINE TABLETS, CREAM OR COLD STICKS

20% OFF

DR. HOBNER'S HAND & BODY SOAP

25% OFF

GHIVANI SHAMPOO, CONDITIONER, BODY LOTION

20% OFF